

# Health and Wellbeing Collective Working Group Zoom Meeting Notes

Date: 5<sup>th</sup> November

Attendees: George Devlin (Chair), Dan Shelston, Emma Lenihan, Karen Glendinning, Suzanne Kelly, Khan Moghul, Ben Andrews, Clare Standish, Joanna Jones, Lesley Fraser Ralph Rudden, Michelle Grogan, Christine Aspinall, Ann Marie Jones, Jo Allen, Elizabeth Dotun, Rachel Muker, Andrew Hawksworth, Ruth Lancey, Suresh Patel, John O'Farrell  
Apologies: Kate McGeevor, Jonathan Yates, Flora Washburn, Mark Nesbitt, Alex Neill, Sarah Hayes

Key points from the meeting:

## 1 Context for the Meeting

- Agreed by those present

## 2 Introductions, Apologies and Updates

- Apologies accepted
- George and Dan are arranging a meeting with Ric Taylor about establishing a Mental Health Reference Group
- VCFSE Toolkit for information to be considered by Thrive and the Project Group

## 3 Project Plan Update

### Lead Partner Update

- George confirmed Lead Partners for each Locality
  - South – Counselling Family Centre
  - Central – Our Sale West
  - West – Age UK Trafford
  - North – St Johns and Stretford Public Hall
- George summarised the key focus of the role of each partner going forward as:
  1. Develop the VCSE sector in each area
  2. Work with key strategic partners going forward including: Local Care Alliance/CCG/ Trafford Council
- George thanked those who supported the interview and recruitment process
- Suzanne highlighted the different skills each Lead Partner brings to the table and how that would benefit the Collective
- George confirmed that Lead Partners would join the project group (next meeting Tuesday 10<sup>th</sup> November 9,00am)
- Christine highlighted the exciting opportunity the role presented and how keen she was to build on what has been achieved so far
- It was agreed sign off was possible at the meetings on 22<sup>nd</sup> and 23<sup>rd</sup>
- The Group agreed the process as transparent and thanked those organisations whose had submitted the Expressions of Interest

### Role for Communication and Engagement

- George confirmed the interview with Simon Borkin had taken place and that Simon was to be appointed
- George set out the responsibilities of the role and that Simon's application, CV and interview were all very strong
- Dan, Suzanne, Khan and Ben agreed with George's summary and that Simon's skills offered an excellent opportunity to upskill the Collective in the next stage of its development
- Joanna was thanked for identifying Simon and circulating the information as part of the process

### Recruitment of Trustees

- George outlined the need to recruit Trustees for the CIO
- The aim is to recruit 6-8 trustees, however 3 would be the minimum number to start with
- Dan confirmed the roles had been advertised and he would recirculate to the group

### **Development of a Risk Register and Budget**

- Suzanne set out that a risk register is being developed for The Collective
- George highlighted a key risk was funding beyond March 2021
- George confirmed this risk has already been flagged to Diane Eaton Corporate Director of Adult Social Services and Wellbeing and Sarah Radcliffe at the CCG
- Suzanne explained how she is working on The Collective budget
- Jo agreed to look at seed capital for the project
- Ben suggested further conversations with other GM partners to have a greater understanding of how VCSE organisations are funded by partner organisations in other Boroughs

### **4 Living Well in My Community Strategic Design Group (LWIMCSDG)**

- George summarised the work being undertaken as part of the LWIMCSDG
- A key element of the work is to develop a sustainable VCSE sector and The Collective is a key part of that
- The 4 priorities of LWIMC SDG are:
  - Sustainable VCSE sector
  - Place based working
  - Advice and information
  - Reduction in health inequalities
- George highlighted that partners had been tasked about looking at how much money was spent in the sector by key partners and how it is spent, although that is proving more difficult than envisaged
- Clare highlighted the need to support groups to get back on their feet and that groups need to know how they will be supported
- Christine commented that St Johns remained constantly in touch with groups, who are ready to come back, so they are aware of any issues
- Dan agreed to pick up with Clare outside of the meeting, and it was agreed it was a discussion for the wider project team
- George also mentioned the work of the Local Care Alliance and the other Strategic Design Groups, in particular “A step closer to home” on which George has asked for Collective representation
- George also mentioned the opportunity for the Collective to present to the LCA at a future meeting

### **5 Children’s Services Update**

- George briefly updated on the work undertaken by the sector and Children’s Services
- George to circulate the Presentation of the work to-date outlining the scope of the work

### **6 Winter Plan**

- The Group discussed how the work of The Collective can support the Hubs in the delivery of the winter plan
- Jo highlighted the need for communication between Collective members to understand the different offers and how organisations can work together
- Clare and Ann Marie supported the idea of cross Hub communication, potentially through a Collective newsletter to ensure The Collective works together
- Clare emphasised the need for positivity and celebrating good news
- The Group gave examples of news that needed to be shared across the group. This included:
  - Counselling Family Centre providing free and low cost individual and group counselling
  - Ben, development of a buddy bank for disabled people
  - Joanna, Stretford’s Bubble Up scheme with the social prescribers
  - Emma. A disability platform for young people and mental health  
<https://media.dadvirtual.org.uk/tours/M3/index.htm>
- Suzanne raised the issue of the need for greater links between The Collective comms and wider Council comms
- The group also recognised the need for individual comms across localities
- The group agreed that a first task for Simon might be to develop that cross Collective comms

## 7 Partner Updates

- Various partners provided an update on key activity:
- Emma, Calm Connections:
  - RESET event
  - 3 day event 17<sup>th</sup>, 18<sup>th</sup>, 19<sup>th</sup> November
  - Keen for partner involvement
  - Range of guest speakers including 42<sup>nd</sup> Street and Joanna Taylor
  - The event will end with a Mindfulness rave!  
<https://reset-2020.eventbrite.co.uk>
- Michelle, Trafford Carers Centre
  - New sessions for Carers (x2 per week) run by Manc Spirit
  - Sessions (Tuesday evening from 7:30 - 8:30) and Thursdays (afternoons from 12:30)
  - Work key to co-produce how carers can be supported in the future
- Suzanne, LifeChurch
  - Want to deliver 150 Xmas meals on Xmas day in Sale
  - Wide range of volunteers supporting the project
  - Rehoboth for families also providing meals for The Meadows in Stretford
- Ruth,
  - Advent calendar with 24 local businesses (including a lost elf called Clive!)
  - Toy Hampers which are expected to go to local vulnerable people
  - Xmas meal deliveries for local people
- Karen, Age UK Trafford
  - Working with St Anthony's School
  - Online Cooking sessions – Xmas cook along with Chef Alex
  - Establishing an M41 health and wellbeing page
- Elisabeth, Rehoboth
  - Bridge the Gap project begins in November
  - Aims to build confidence and self-esteem in Young People
  - Dan to circulate the information
- Christine, St Johns
  - Lighting up the church for Xmas (working with a local artist)
  - Working with a range of food providers re access to food
  - Continuing to coordinate the emergency response for the area
- Joanna, Stretford Public Hall
  - Usual Xmas activities online
  - Want to run a singalong on-line
  - Potential to support Elisabeth re food project at The Meadows
- Clare, Our Sale West
  - Well underway with Xmas plans
  - Xmas boxes and hampers for local residents
  - Continued development of the Hub offer
- Khan, Voice of BME
  - Support for BAME men
  - Series of events which have had a strong take up
  - Womens sessions have begun at Limelight
  - Both sessions are open to all, although the main take up is from the North of the Borough

## 8 Any Other Business

- Rachel introduced herself as the new Hub Coordinator for Altrincham
- The Group were very positive about plans for the January 2021 Strategic Forum to tell the story to the VCSE sector and other Health partners
- Date of the next meeting confirmed as:
  - Thursday Dec 3rd – 10am – 11.30am