

# Health and Wellbeing Collective Working Group Zoom Meeting Notes

Date: 8<sup>th</sup> October

Attendees: George Devlin (Chair), Dan Shelston, Emma Lenihan, Karen Glendinning, Suzanne Kelly, Khan Moghul Flora Washburn, Ben Andrews, Dorothy Evans, Clare Standish, Joanna Jones, Mark Nesbitt, Alex Neill, Lesley Fraser  
Apologies: Ann Marie Jones, Kate McGeevor, Ralph Rudden, Danielle Sharps, Michelle Grogan, Christine Aspinall, Diana Bowden, Jo Allen Elizabeth Dotun, Jonathan Yates, Suresh Patel,

Key points from the meeting:

## 1 Context for the Meeting

- Agreed by those present

## 2 Introductions, Apologies and Updates

- Apologies accepted

## 3 Project Plan Update

- Suzanne set out the current situation re current milestones, what had been completed in September and the priorities for October (attached)
- George highlighted the excellent role Suzanne has done as Project Manager and thanked the Project Group for the work it has done through the weekly meetings

## 4 Recruitment of Lead Partner

- George announced 5 Expressions of Interest for Lead Partner
  - South – Counselling Family Centre
  - Central – Our Sale West
  - West – Age UK Trafford
  - North – St Johns and Stretford Public Hall
- George summarised the next Stage of the process, that all organisations would complete the Stage 2 application by Monday 19<sup>th</sup> and further discussions would be had with each partner on either Thursday 22<sup>nd</sup> or Friday 23<sup>rd</sup>
- George explained that at those discussions, VCSE organisations working in each Locality would be invited to attend.
- George and Dan highlighted that conversations had taken place with Stretford Public Hall and St Johns around shared Leadership of the role
- Joanna confirmed further discussions would take place next week
- George added the aim was to bring back recommendations on sign off to the next Collective meeting on the 29<sup>th</sup> for sign off
- Members off the group highlighted that the next meeting should go back a week because of half term
- It was agreed sign off was possible at the meetings on 22<sup>nd</sup> and 23<sup>rd</sup>
- The Group agreed the process as transparent and thanked those organisations whose had submitted the Expressions of Interest

## 5 Draft Role for Communication and Engagement

- Suzanne shared the draft role for Communication and Engagement with the Group
- A number of responsibilities were set out as part of the role, as were the timescales and terms of payment (£500 per month)
- The Group discussed ways in which in which the role might be publicised including through Thrive, the Partnerships Team and THT
- The Group considered different potential groups who might be interested including UA92 students and linking with the Kickstart programme
- Joanna agreed to circulate to Stretford Public Hall tenants as part of the process

## 6 Recruitment of Trustees

- George outlined the need to recruit Trustees for the CIO
- Trustees need to be recruited with the skills and knowledge to develop the organisation in the future
- The aim is to recruit 6-8 trustees, however 3 would be the minimum number to start with
- Clare asked about the time commitment to the post
- The group discussed how there was likely to be a greater time commitment at the beginning of the role rather than later
- Khan highlighted that virtual meetings make it easier regarding time commitment
- Mark emphasised that a person's passion and willingness to develop the organisation were the two key attributes

## 7 Registration of the CIO

- Suzanne shared a project plan about key milestones to December
- The aim is to register the CIO by December 14<sup>th</sup>
- Important to get the Trustees recruited as they need to input to the decision making process and sign up to the CIO

## 8 Children's Services Update

- George updated on the work undertaken by the sector and Children's Services
- The work to-date has included a meeting with the Director of Children's Services and two workshops
- George explained how the VCSE organisations involved in the work had become "more than a reference group"
- A key feature of the role of the Group going forward would be to drive the co-design process
- Terms of Reference were now being developed for the Group which would meet every six weeks
- **Action: George to circulate the Presentation of the work to-date**

## 9 Other Potential Workstreams

- George and Dan highlighted how the work undertaken with Children's Services could be a template for other
- They highlighted discussions with Ric Taylor about using a similar blueprint for mental health
- Given the timing with the imminent development of the new Mental Health strategy for the Borough and the emphasis on intervention and prevention there is clearly a strong role for The Collective to play
- Emma highlighted the Mental Health Transformation Event on 20<sup>th</sup> and circulated the eventbrite link
- Emma also highlighted the Mental Health Toolkit and the potential to develop a localised offer
- **Action: Dan and George to arrange follow up meeting with Ric Taylor**

## 10 Support for Groups to enable them to deliver services in the future

- Clare highlighted the need for guidance for groups, particularly small groups as to how they can be encouraged to deliver services going forward
- The Group highlighted how there was a real danger that some groups without guidance would not survive
- It was felt that there was a lack of understanding of what was being offered at a local level
- The example was given that the Home Instead guide was struggling to understand what was out in the community
- The Group highlighted that in terms of activity taking place in a building, it was partly determined by who owns the building
- Ben referenced the Public Health sessions delivered by Eleanor Roaf and Thrive as a place to get advice
- Clare highlighted there are safe ways to get a building operational, but there is a need for clear guidance
- The Group highlighted the need for FAQ and the opportunity to develop a best practice guide of local case studies
- Mark highlighted the National Youth Association guidelines with regard to delivery of youth activity
- **Action: Dan to consider how Thrive might put together a best practice guide in connection with the workshops**

## 11 Local Care Alliance

- George updated on the strategic design groups relating to Live Well in my Community relating to: place based working; information and advice; sustainability of the VCSE sector and improving equality
- The Collective potentially has a role linked into the 4 groups
- George also gave an overview of #FutureTrafford campaign
- George and Dan fed back on the State of the Sector survey undertaken across GM and the opportunity for Trafford organisations to engage in a feedback session
- The Group highlighted the need for more information about the session
- **Action: Dan and George to gather more information about the session and feed back to the Group**

## 12 Partner Updates

- Various partners provided an update on key activity:
- Emma, Calm Connections:
  - RESET event re Children and Mental Health planning well underway
  - 3 day event 17<sup>th</sup>, 18<sup>th</sup>, 19<sup>th</sup> November
  - Keen for partner involvement
  - Aim is to recreate the positivity of the event that ran in 2019
- Suzanne, LifeChurch
  - The LifeChurch building is back open
  - Looking at how they will link with other churches
  - Currently looking at Xmas meal arrangements and need to link with other partners in Sale
- Lesley, Toy House
  - Successful Lottery application for service development
  - Urmston Hub also looking Xmas meal arrangements
- Karen, Age UK Trafford
  - Development of the digital offer
  - Tablet loan scheme (allows somebody to have tablet for 3 months)
  - Looking to how information and advice services can be delivered face-to-face in the future
- Ben, Unlimited Potential
  - Virtual sessions now being independently facilitated
  - There is significant demand for face-to-face sessions
  - Need for individual risk assessments as well as session risk assessments
- Alex, Cyril Flint Befrienders
  - Focus on the telephone befriending service
  - 50 recent applications to volunteer for the service
  - The key is long term commitment to the roles
- Joanna, Stretford Public Hall
  - A number of new projects including a new digitalisation project
  - Also beginning a new information project with CAB Trafford
  - Looking at developing a range of other volunteer projects
- Clare, Our Sale West
  - Developing virtual CAB appointments to support residents
  - Hub role developing well with a number of community partners engaged
  - Working on the priorities for winter
  - Problems remain with AMEY regarding the reopening of the Community Centre
- Khan, Voice of BME
  - Support for BAME men
  - Series of events which have had a strong take up
  - Womens sessions have begun at Limelight
  - Both sessions are open to all, although the main take up is from the North of the Borough

- Mark, TUF\*C
  - Commissioned to deliver the ACES (Adverse Childhood Experiences Project)
  - Begins from 1<sup>st</sup> November and aimed at 14-18 year olds
  - 32 young people to be matched with adults who they trust
  - £500 personal fund to support each individual (use not restricted)
  - Project will run for 5 years

### **13 Any Other Business**

- Everybody agreed it had been an extremely positive meeting
- Date of the next meeting confirmed as:
  - Thursday Nov 5th – 10am – 11.30am