



ARE YOU...?

**A young person between
the age of 13 and 21?**

Want to make a positive
difference in Trafford?

Interested in young people's
rights and wellbeing?

Happy to share your views?

**Learn about our volunteer
opportunities here at**

healthwatch
Trafford

What opportunities are there for me?

MYSTERY SHOPPERS

Visit health services to look at what they are doing well and what could be improved

MEDIA SQUAD

Develop and create young person friendly advertising

healthwatch
Trafford



YOUNG CHAMPIONS

Represent & promote Healthwatch Trafford at events, your school, college or any other places you think we should be at.

What support will you get?

- Training to learn more about Healthwatch and young people's rights and develop your listening skills,
- We will pay any travel costs from work you do with us



We are looking for Trafford young people:

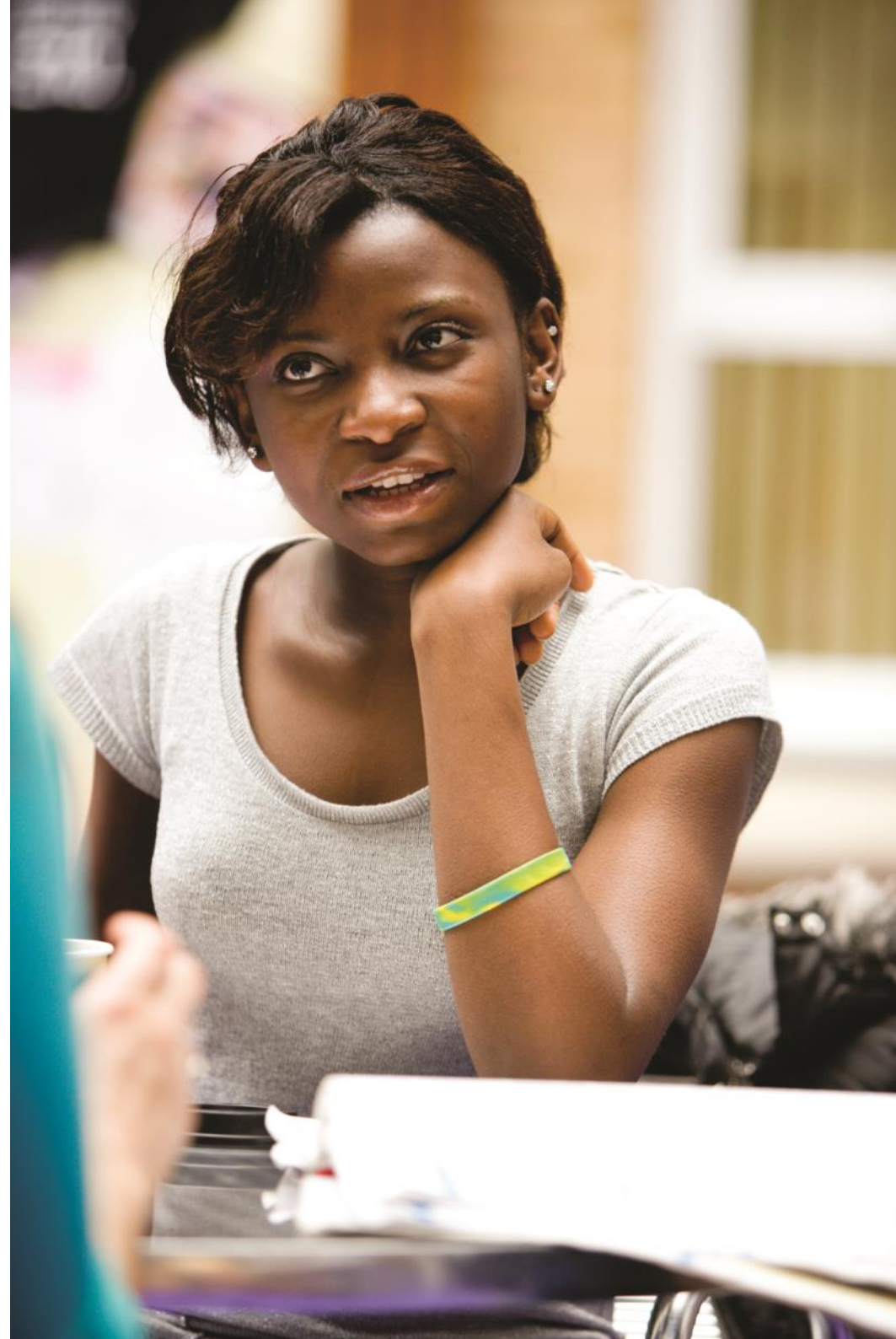
- keen to make a difference;
- interested in young people's rights and wellbeing;
- from different communities and backgrounds;
- wanting to share their views ;
- who are reliable.

What will you be asked to do?

- Complete a two hour training session.
- Follow our Volunteer Agreement & Code of Conduct.
- Choose a volunteer role
- Keep in touch with Healthwatch staff to let us know what you have found and/or done

What can you get from volunteering with Healthwatch Trafford?

- Meet new people
- Get valuable work experience
- Have your say and become part of decision making processes
- Learn more about what's happening in your area
- Help or support a cause (like young people's mental health)



Young Champions

What is involved?

Represent & spread the word about Healthwatch Trafford at local events, give out leaflets, and encourage people to share their feelings about Trafford health and care services. And / or be responsible for your own Healthwatch Trafford display or feedback areas in your school / college.

Tell us about your ideas for other things we can do to get young people's voice heard.

Talk to your school council / youth group, and tell us about their views of health & social care services; we can then work together to get these stories heard by local services to make changes.

How much time would you have to give?

After training (2 hours), this will vary from week to week, as little or however much you can.



Mystery Shoppers

What is involved?

After mystery shopper training, work in a team to plan and visit a health service to look at how well they work with young people.

You will rate them on things like:

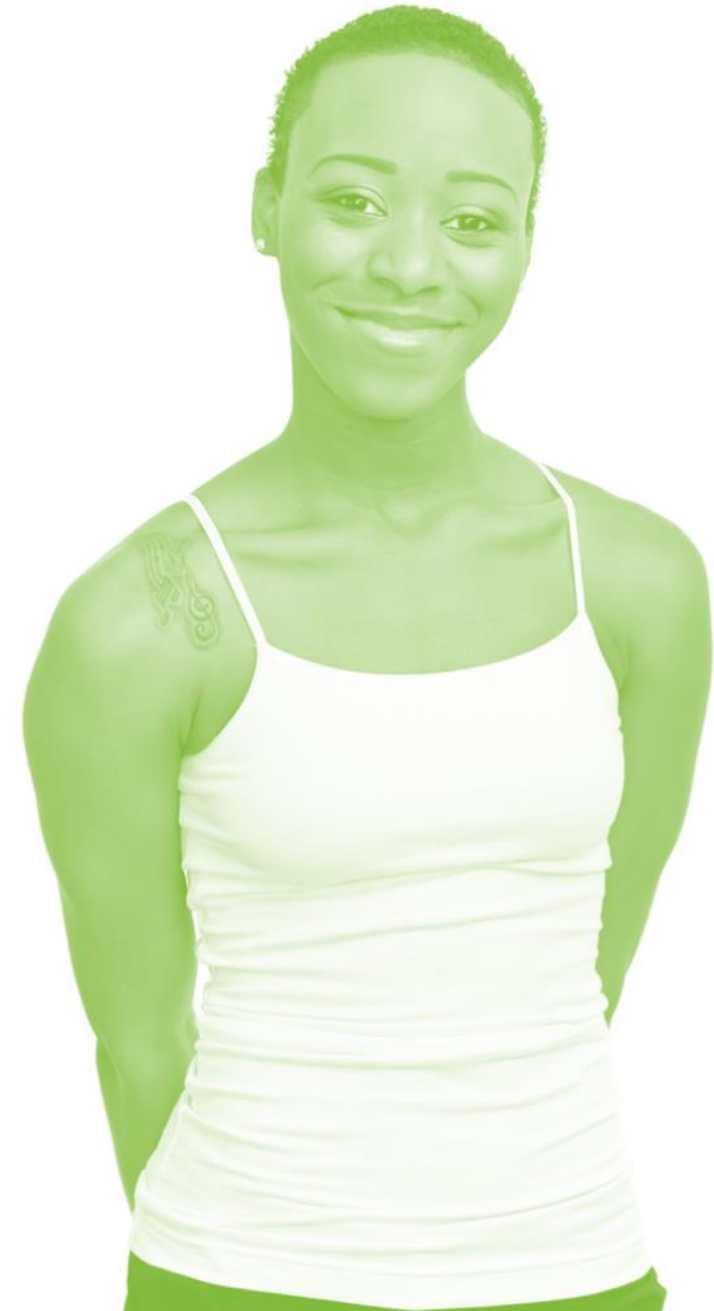
- friendliness
- whether they are open at good times of the day for young people
- whether they tell young patients about their rights to confidentiality.

After the visit, work with a team to report your findings. You might be asked to work with the service to help them make things better in the future.

How much time would you have to give?

- Volunteer Training - 2 hours
- Mystery Shopper Training - 1 day
- Planning, carrying out a mystery shopper visit and giving feedback - about 4 hours

We would like you to carry out a minimum of 1 mystery shopper visit.



Media Squad

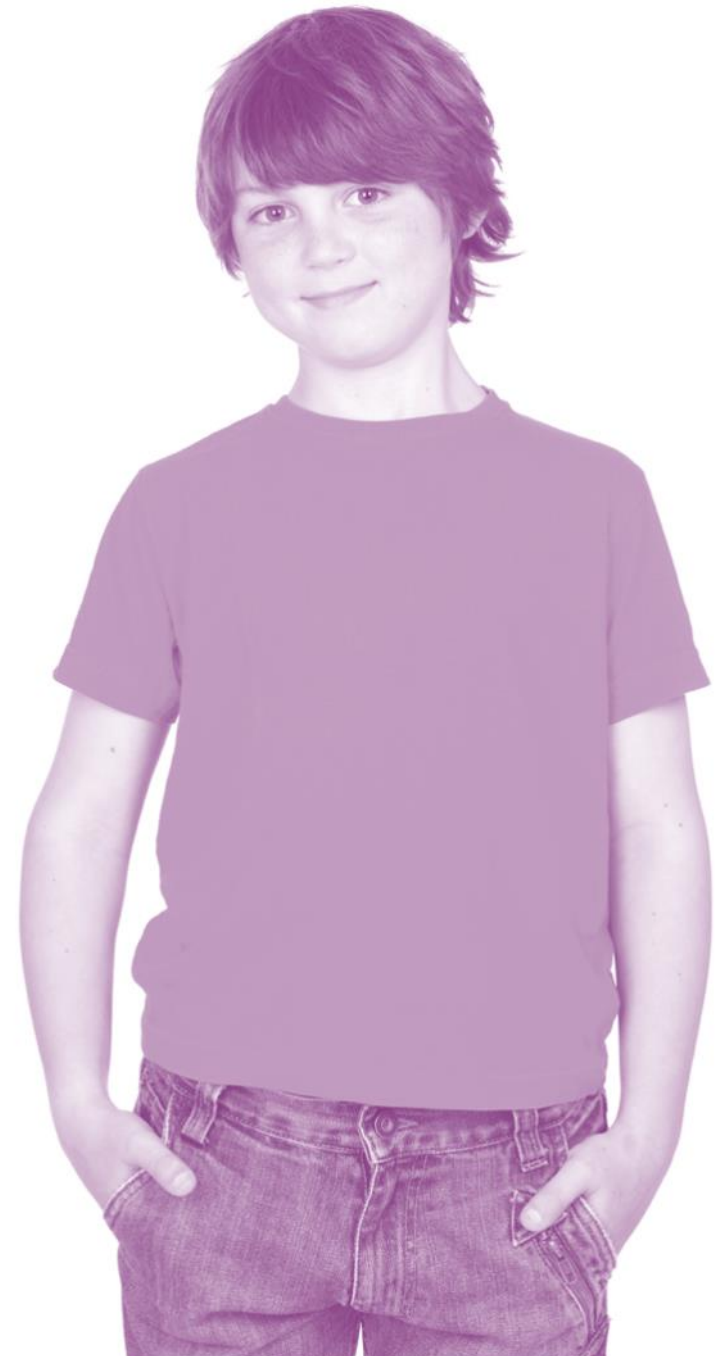
What is involved?

Help us to create & develop young people's Healthwatch Trafford advertising like; videos, audio, posters, cartoons & a young people's area of our website.

Tell us what you think we should be doing to advertise Healthwatch Trafford to other young people.

How much time would you have to give?

It isn't a big commitment - do as much as you can or want to do! You could work on one project or continue to work with us on lots of projects over a year.



Still interested?

We want to hear from you!

Contact : **Holly**

Telephone : **0300 999 0303**

Email : **info@healthwatchtrafford.co.uk**

Tweet : **@healthwatchTraf**

Facebook : **Search 'Healthwatch Trafford'**





healthwatch
Trafford

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